



Theresa Burdick

February 21, 1950 - April 12, 2022

Theresa A. Burdick M.D., 72, of Cape Girardeau, Missouri died Tuesday, April 12, 2022 at her home.

She was born February 21, 1950 in Wichita, Kansas to Charles Gilbert "Gil" and Catherine Felicia Lewandowski Burdick.

She received Bachelor of Science and Medical Doctorate degrees from St. Louis University, where she also had an internship. She had residencies at the University of Washington in Rehab Medicine and the Obstetrics and Gynecology Department at St. Louis University.

She had been an Obstetrics and Gynecology doctor in Seattle, Washington since 1975 and was in private practice at Swedish Hospital since 1981. She retired eight months ago and moved to Cape Girardeau.

She also served on the Clinical Faculty at University of Washington Medical School, Department of Obstetrics and Gynecology and was a member of King County Medical Society.

Theresa enjoyed quilting and loved to work in her garden.

She was a longtime member of St. Therese Catholic Church in Seattle and

joined St. Vincent de Paul Catholic Church after moving to Cape Girardeau.

Survivors include two sons, Nathan Burdick of Cape Girardeau and Isaac Burdick of Seattle; one daughter, Madeline (Aaron "A.J.") Castle of Columbus, Georgia; three brothers, Bradley (Anna) Burdick and Brian (Cindy) Burdick both of Cape Girardeau and Robert (Melanie) Burdick of Lawrence, Kansas; and one grandchild, Zoe Castle.

She was preceded in death by her parents; one brother, Charles Burdick and one sister, Connie Burdick.

Visitation will be 5:00 pm to 8:00 pm on Tuesday, April 19, 2022 at Ford & Sons Mt. Auburn Chapel in Cape Girardeau. Parish prayers will be at 7:00 pm.

Funeral services will be at 10:00 am Wednesday, April 20, 2022 at St. Vincent de Paul Catholic Church in Cape Girardeau with the Rev. Rick Jones officiating.

Burial will be at St. Mary's Cemetery.

Online condolences may be made at www.fordandsonsfuneralhome.com.

Ford & Sons Funeral Home - Mt. Auburn is in charge of arrangements.

Cemetery Details

St. Marys Cemetery

Previous Events

Visitation

APR 19. 5:00 PM - 8:00 PM (CT)

Ford and Sons Mt. Auburn Chapel
1001 N. Mt. Auburn Rd.
Cape Girardeau, MO 63701

Parish Prayers

APR 19. 7:00 PM (CT)

Ford and Sons Mt. Auburn Chapel
1001 N. Mt. Auburn Rd.
Cape Girardeau, MO 63701

Funeral Mass

APR 20. 10:00 AM (CT)

St. Vincent de Paul Catholic Church
1919 Ritter Dr.
Cape Girardeau, MO 63701

Tribute Wall

SU

“ *Dr. Burdick delivered both of my children at Swedish Hospital in Seattle. Best doctor ever. Condolences to family.*



susan ullom - March 01 at 10:50 PM

MD

“ *Dear Nathan, Isaac, and Madeleine:
We were saddened to learn of the passing of your beloved Mom. I read her tribute in the Seattle Times. Nick, Joe, and Christina (Douglas) were all saddened to hear the news and to learn of her loss. Your mom was a calm presence at the Lakeridge Pool and a wonderful woman and doctor who brought comfort to many throughout the years. May she be resting comfortably in heaven, an advocate angel for you and your families. God bless the Burdick Family and bring you all comfort in this difficult time.
Mary and Mark Douglas*



Mary C Douglas - May 02, 2022 at 07:24 PM

CK

“*Dr. Burdick was my ob for three of my children and she was the most skilled, knowledgeable, kind, patient and compassionate doctor I have ever had. It was a privilege to be her patient. She was a doctor who truly cared. I looked forward to my appointments with Doctor Burdick - she always made sure to ask about life and chat. She loved talking about her children and grandchild. After I left Seattle and Dr. Burdick was no longer practicing, she was still the Doctor my family called for a second opinion and she was so gracious always. Dr. Burdick was a rare doctor- she had her own mind and I made you feel safe in her care. Wishing the family comfort and peace and may Dr. Burdick's soul be elevated in heaven and her legacy a blessing on earth.*

Chana Kornfeld

chana kornfeld - May 01, 2022 at 07:38 AM

SH

“*Like so many others that have posted, Dr. Burdick delivered our beautiful daughter almost 33 years ago. She happened to be the on-call doctor (who we had never met) when I went into labor. This was our first and only child and I was very scared. Dr. Burdick arrived with a smile at 1:00am, and put us at ease, and at 5:00am handed us our perfect little baby girl. She made our experience so wonderful and memorable, and she truly seemed just as excited as we were! I continued on as a patient with her for 25 years. What a wonderful human being. She will forever remain in our hearts.*



"Memories are the legacy of love."

With sincere sympathy, Shelley, Mark and Micah Howe

Shelley Howe - April 28, 2022 at 07:50 PM

LS

“ Dear Burdick Family,

Please accept my deepest sympathy at the loss of your beloved mom, sister, aunt and grandmother. She was really an amazing person. Theresa was my doctor but also my friend -- we shared a lot of adoption stories! And through the vulnerable time of labor and delivery I felt completely cared for in the best, most capable and competent way. Not many of us leave this world having left a lasting mark, but she surely has. World is a much better place for Theresa Burdick having been in it and I'm sure heaven will be too.

With heartfelt condolences, Leslie Savina

Leslie Savina - April 26, 2022 at 09:16 PM

ML

“ *I met Terrie about 30 years ago through the world of competitive swimming. My son David and hers, Nathan and Isaac, became fast friends while training together at Husky Swim Club and then competing against each other during Summer Swim League. She hosted numerous swim team gatherings at her home, food and fun included. She was also my MD for about 10 years. She was a true treasure and it was a great privilege to have known her. I miss her.*

Mary Lilleness

Mary Lilleness - April 22, 2022 at 12:17 PM

BH

“ *I was deeply saddened to learn of Theresa's passing. She was my obstetrician for many years, and she delivered both of my children. She was so calm, so gentle, and so competent, and I'll never forget how she guided me on the road to motherhood. A truly lovely human being. She will be missed.*

Barbara Holt - April 20, 2022 at 08:55 PM

LG

“ Dear Nathan, Madeline and Isaac,
I'm so sad to hear about your mom! It seems impossible because she was such a force of goodness in the neighborhood, in her work, and in life! The girls and I will always remember her kindness and her warmth. And of course, we will always be grateful to her for introducing us to Marta...I'm also thinking of moments that the girls and I have shared with you guys over the years: running into Isaac doing his teacher training at Maple, waving hello to Nathan at the pool while Lulu and I did water aerobics, and the beautiful memory of the girls participating in Madeline's wedding! Thank you for being part of our community...we appreciate you and wish you all as much peace as possible during this time.

With lots of love to each of you...

Lisa Giannini, Veronica and Lucinda 

lisa giannini - April 20, 2022 at 03:34 PM

BM

“ I am sorry to learn of Theresa's passing and feel so grateful for the exceptional care and true friendship she provided over the course of nearly 40 years. My heartfelt condolences to her children, who I feel like I knew because she spoke so highly of you so often, and to all who knew and cherished her.

Becky Morrison - April 19, 2022 at 09:07 PM

JJ

“ Dr. Burdick delivered both my daughters and our 2nd daughter was born at 30 weeks and I had a C Section. She allowed for my husband Mike to come into the delivery room. She was so great, and she made my husband and I feel so calm during a scary and anxious time. I also nannied for her 3 children for a few months while I was pregnant with my first. She was warm and welcoming, and Mike and I are so blessed that we knew her and loved that she cared so much for her family, and she made us feel loved also. I will never forget how kind she was to us and some of the amazing conversations we had. You will be missed. I am so grateful she was my OBGYN, during my first and second pregnancies. She always made me feel calm. They also filmed a movie at her home in 1994 and we all got to meet Chris O'donnel. It was pretty cool.

Jessica Jackson - April 19, 2022 at 08:46 PM

SU

“ Dr. Burdick delivered both of my children. 1983 and 1987. What a wonderful person and competent doctor. The world has lost a great human being and heaven has gained an Angel.

Sue Ullom - April 19, 2022 at 05:26 PM

KJ

“ Theresa’s obituary was posted in the Seattle Times this past weekend. Our family was very saddened to learn of her passing. We were her patients for 38 years! She was like a part of our family. She attended our 3 daughters’ weddings and delivered our nine grandchildren. She was there to comfort, console and celebrate with us for many occasions. We loved and trusted her. We had hoped to celebrate her 70th birthday and retirement but because of COVID, it didn’t happen. We didn’t get to say goodbye. She made a difference in our family’s lives and we will cherish the memories we have of her.
We send love to her children and family.
Larry and Katy Jensen.

katy Jensen - April 19, 2022 at 03:13 PM



“ Beautiful in Blue was purchased for the family of Theresa Burdick.



April 19, 2022 at 11:26 AM

VA

“ I worked at Swedish in Out patient day Surgery, She was always so nice and took great care of her patients, I became her patient myself, suffering from fibroids that my doctor said would go away during menopause, I switched doctors and went to her, she examined me and said the fibroids were large and that I needed a hysterectomy which she preformed a couple of weeks later, never had to take a pain pill, she was my angel. Vera

Vera Aguilar - April 19, 2022 at 11:16 AM

BV

“ My husband and I were so fortunate to call Terrie our friend for more than 40 years. She delivered our two children around the same time that she was creating her own family and our children all played together at the many parties she loved to host at her house in Seward Park. We celebrated many Easter egg hunts and Christmas dinner parties and countless “May I” card games with her even though she often had to leave for call to deliver another baby! A true angel in disguise she was always thinking of other’s comfort and needs over her own. She left this world far too early and we will miss her. We mourn her loss and pray for her family especially her children at this time of grief.

Barbara and Charlie Vail - April 19, 2022 at 10:51 AM



“ Magnificent Life Spray was purchased for the family of Theresa Burdick.



April 18, 2022 at 09:14 PM



“ Small Garden Dish was purchased for the family of Theresa Burdick.



April 18, 2022 at 06:07 PM

PH

“ I worked with Terri at Swedish Medical Center as an RN in the Labor and Delivery unit. She was loved by all the nurses. Her bedside manner would melt your heart. We trusted her in every situation normal and emergency. It was a gift to have known her and work with her. My condolences to her family. I'm praying for you that you be comforted in your grief. May God bless you and hold you in His mercy.



Pam Harmon - April 18, 2022 at 05:59 PM

VR

“ The St. Therese Parish community in Seattle has missed Terrie and Nathan the past couple years. They were always at mass, across the aisle from me, and were always very welcoming. Terrie regularly hosted Advent and Lent small groups in her home. I am praying for her family, and especially for her children, in this time of great loss.
Victoria Ries

Victoria Ries - April 18, 2022 at 03:45 PM

SF

Dr. Burdick delivered my 3 kids. She was such a comforting doctor and surgeon. I always enjoyed my monthly pregnancy check ups. She helped ease me through 3 pregnancies and a miscarriage. She always took great care and time explaining things to me. My heart sank to the floor when I saw that she had passed. I will Always remember her because she skillfully and gently delivered my children into this world. What an honor to have had her as my doctor! I will keep her family and children in my prayers. Suzanne Filipcic

suzanne filipcic - April 18, 2022 at 08:50 PM



“ *I remember your mom and you three kids from SJS. She was an amazing woman. We are all blessed to have known her.*

Mimi Krsak - April 18, 2022 at 01:07 PM

CL

“ *Dr. Burdick was my OB/GYN for many years and delivered my one and only son! I loved seeing her for my annual visits. She was so caring and took time out to talk to me as if I were her only patient. She was an excellent physician and I was so lucky to have had her all those years. I was very saddened to hear of her passing. Rest in peace. Prayers to her family.*

Cindy Lee

Cindy Lee - April 17, 2022 at 06:56 PM

SS

“ *Dr Burdick was my OB/GYN and delivered my daughter in 1983. She was so thoughtful and caring! So sorry to hear she passed.*
Sherry Shellman

sherry Shellman - April 17, 2022 at 06:07 PM

JG

“ I was so lucky to have Dr. Burdick as my Ob/Gyn. She was so supportive and caring during my miscarriages and later happily delivered all three of my children. When my twins were on the way, her care kept everything steady and easy. My children are now 33 and 30 (twins) so clearly, Dr. Burdick has been an excellent doctor for many decades.

I remember when her family was forming and we crossed paths at St. Joseph. I still credit her for several good parenting tips that served me well over the years!

Prayers of support and peace to her children, siblings and extended family.

Julie Grasseschi - April 17, 2022 at 05:00 PM

CP

“ *My deepest sympathies.
Dr. Burdick was my doctor for many years. When I was pregnant with my daughter (39 years ago) I was looking for a doctor who was kind, caring, and certainly very well qualified. I was fortunate enough to find Dr. Burdick!! I will never forget her wonderful care during my pregnancy and for many years afterwards.*

I was a nurse at Swedish Medical Center to 40 years and she always had a smile for me and asked " how are the kids" as we passed in the hallways or had a few minutes to talk.

She will be greatly missed by her patients and her many colleagues.

*Warm Regards,
Chris Pelto*

Chris Pelto - April 17, 2022 at 04:53 PM

ED

“ I was a patient of Dr Burdick's for several years back in the early 2000's. She was not only a skilled physician but had just a wonderful way of interacting with her patients. She offered comforting words when I suffered a miscarriage, and we shared a laugh when she noted that my short labor with my youngest son had him arriving into the world between breakfast and lunch so that I didn't miss a meal! My deepest sympathies to her family.

Edith - April 17, 2022 at 03:02 PM

KU

“ Dr Burdick was my one and only gyn/ob She saw me through my first and complicated pregnancy and guided me through my next two. She was such a wonderful person. I am sad I lost touch with her over the years but remember her so well and with such gratitude.

Kim Unti - April 17, 2022 at 02:59 PM

JS

“ My father, Dr. Charles Stipp, shared an office with Terry after he left his group practice. He thought so highly of her, as did I. She saved my life! Going for my annual checkup was never a chore. She would come in, sit down, and we would talk as though she had all the time in the world. I can't believe she is gone. She was a wonderful, caring person.

Janet Schumacher - April 17, 2022 at 02:02 PM

KB

“ I had the pleasure of working with Dr Burdick as well as have her deliver my two kids who are 2.5, and 4. She was always a positive, warm person. She made you feel like you were her only patient. Delivering babies was truly her passion, and she made such an impact on all those who were lucky to have her as their doctor. She will be missed.

Kathryn Bohner - April 17, 2022 at 01:43 PM

RB

“ I'm another mom who was lucky to have Dr Burdick as my OB/GYN. She stayed through my 24 hours of labor even though it continued onto her day off. I knew I was in good hands with her delivering my son. The nurses even knew who did the c-section by the beautiful stitches. Maybe that's too much information, but it shows she cared to be the very best for her patients. I've thought of her often over the years, especially on my sons birthday. He will be 30 this year. My condolences to her family and friends. She was special.

Ronni B - April 17, 2022 at 12:49 PM

SS

“ Super sad to hear the news of Theresa's passing. Theresa was a pretty amazing human being. She delivered my one and only and I coincidentally, I was just speaking about my near-perfect pregnancy to the complete opposite experience during delivery, just yesterday. Hands down, Theresa kept calm, cool, and very collected during my freak out! It is a story, but that's not what this is about.

From what I know about this amazing woman, who talked so highly of her kids, about her quilting, and how she loved the Sonics and especially Sam Perkins ❤️❤️❤️, I will never forget how she always had a sparkle in her eye, a smile on her face and always made me feel better walking out, then walking in.

Theresa, you are already missed and if I could roll back time, I should have introduced you to the man you brought into this world!

May you rest in peace.

Sharon Glatz Scott
Mercer Island, Washington.

Sharon Glatz Scott - April 17, 2022 at 12:34 PM

BH

“ Theresa was my OB who delivered my two amazing boys 15 & 18 years ago. I remember her as this calm positive presence who felt more like a family member than clinician. She wasn't on call during one of my deliveries and she came back in when she heard I was struggling (probably mentally more than physically). She has this way that treated you more like a person than a patient. God bless

Beth H - April 17, 2022 at 12:08 PM



“ *Beautiful in Blue* was purchased for the family of Theresa Burdick.



April 17, 2022 at 12:02 PM



“ *My deepest condolences. Theresa was simply the best. Always ready with a warm smile or a hug. She supported me through infertility struggles and was there to deliver both my beautiful daughters. I could never thank her enough. She was not only my physician, but a trusted friend. She was loved by so many and will be sorely missed. — Kim Smedsrud*

Kim Smedsrud - April 17, 2022 at 11:58 AM



“ *Our deepest condolences. Theresa was such fun at Lakeridge swim meets. Our love to her kids.*

Janice and Ken Orth

Janice Orth - April 17, 2022 at 11:03 AM