



Sandra Kay Helderman

September 25, 1955 - November 25, 2025

Sandra "Kay" Helderman, 70, of Jackson, Missouri died Tuesday, November 25, 2025 at her home.

She was born September 25, 1955 in Cape Girardeau to Raymond Frank Berry Sr. and JoAnn Ates Stevens.

She and Ronnie Helderman were married December 21, 1989 in Jackson, Missouri.

She worked at Baisch & Skinner in Cape Girardeau, Estes Deli in Jackson, Balloons Because Florist in Jackson and she was the manager at Trees N Trends in Jonesboro, Arkansas for 15 years.

She enjoyed watching football and basketball, fishing and loved spending time with all of her grandchildren and great-grandchildren.

Survivors include her husband, Ronnie Helderman of Jackson; two sons, Aaron (Marie) Kieninger of Pocahtonas, Missouri and Darrin (Bobbie) Helderman of Scottsville, Kentucky; three daughters, Reva (Willie Bailey) Kieninger of Louisa, Kentucky, Joanna Kieninger of Jackson, Missouri, Ashley (Jamie) Underwood of Columbus, Indiana; brother, Dean Berry of Friedheim, Missouri; four sisters, Debbie Berry of Perryville, Missouri, Frankie (Mike

Meese) Hotop of Friedheim, Missouri, Becky (David) Ruesler of Old Appleton, Missouri, Lila (Kevin) Brown of Oak Ridge, Missouri; 16 grandchildren and 17 great-grandchildren; and lots of nieces and nephews.

She was preceded in death by her parents; step-mother, Doris Berry; step-father, Clarence Stevens; and two brothers, Ronald Berry and Raymond Frank Berry Jr.

Visitation will be 4:00 pm to 8:00 pm on Monday, December 1, 2025 at Ford & Sons Funeral Home in Jackson.

Funeral service will be at 10:00 am Tuesday, December 2, 2025 at the funeral home in Jackson with the Rev. Randall Perky officiating.

Burial will be at Russell Heights Cemetery in Jackson.

Memorial contributions may be given to Kidney Transplant Association.

Online condolences may be made at www.fordandsonsfuneralhome.com.

Ford & Sons Funeral Home - Jackson is in charge of arrangements.

Cemetery Details

Russell Heights Cemetery

Jackson, MO 63755

Previous Events

Visitation

DEC 1. 4:00 PM - 8:00 PM (CT)

Ford and Sons Jackson
708 W. Main Street
Jackson, MO 63755

Funeral Service

DEC 2. 10:00 AM (CT)

Ford and Sons Jackson
708 W. Main Street
Jackson, MO 63755

Tribute Wall

DF

“ Debra Berry and family purchased the Emerald Garden Basket for the family of Sandra Kay Helderman.



Debra Berry and family - November 28, 2025 at 09:58 AM

KS

“ Kim Scheffer lit a candle in memory of Sandra Kay Helderman



Kim Scheffer - November 27, 2025 at 11:20 PM

JP

“ Prayers for the family. I worked with Kay at Trees N Trends in the Cape Girareau Store, until she moved to Arkansas Store. She was a thoughtful and kind person to work with and had a wonderful sense of humor.

Judy Piper - November 27, 2025 at 02:13 PM