



## Laura R. Simmons Voss

August 22, 1988 - July 9, 2025

Laura R. Simmons Voss, 36, of Cape Girardeau died Wednesday, July 9, 2025 at St. Louis University Hospital.

She was born August 22, 1988 in Cape Girardeau to Michael Anthony and Lisa Marie Hendrix Simmons.

Laura graduated from St. Mary's Grade School and Notre Dame Regional High School in 2007. She also received a bachelor of science in Health Promotion from Southeast Missouri State University in 2011.

She was an AFAA Personal Trainer and Group Fitness Manager. She owned and operated Oh My Fitness in Silicon Valley, California and online nationwide and led the company start-up of Bella Cosa Salon also in Silicon Valley.

She was a member of St. Mary Cathedral where she volunteered as a receptionist.

Laura had a generous heart, loved making art for others and planning parties for families and friends. She had a bright, sunny smile.

She taught martial arts with her family and coached and mentored hundreds of students.

Survivors include her parents of Cape Girardeau, brother, Ryan (Julianna) Simmons of Cape Girardeau; sister, Caitlin (Brent) Taylor of Jackson; grandfather, Arnold Simmons of Cape Girardeau; nieces, Frankie, Ellie and Fiona Taylor; and many aunts, uncles and cousins.

She was preceded in death by two unborn children; paternal grandmother, Phyllis Simmons; and maternal grandparents, Robert and Rosemary Hendrix.

Friends may call 4:00 pm to 8:00 pm on Monday, July 14, 2025 at Ford & Sons Mt. Auburn Funeral Home in Cape Girardeau with parish prayers and a rosary at 7:00 pm.

Funeral Mass will be at 10:00 am Tuesday, July 15, 2025 at St. Mary's Cathedral in Cape Girardeau with the Rev. Jesse Hiatt officiating.

Burial will follow at St. Mary's Cemetery in Cape Girardeau.

Memorial contributions may be given to Catholic Social Ministries Food Pantry or LifeHouse in Cape Girardeau.

Online condolences may be made at [www.fordandsonsfuneralhome.com](http://www.fordandsonsfuneralhome.com).

Ford & Sons Mt. Auburn Funeral Home is in charge of arrangements.

# Cemetery Details

## St. Mary Cemetery

1101 Perry Avenue  
Cape Girardeau, MO 63701

# Previous Events

## Visitation

JUL 14. 4:00 PM - 8:00 PM (CT)

Ford and Sons Mt. Auburn Funeral Home  
1001 N. Mt. Auburn Road  
Cape Girardeau, MO 63701

## Funeral Mass

JUL 15. 10:00 AM (CT)

St. Mary Cathedral  
615 William St.  
Cape Girardeau, MO 63703

# Tribute Wall

GS

*“ I’m deeply saddened to hear this news. I knew Laura during her time in California, and she was truly one of the brightest lights - an absolute gem of a person. Whether she was hosting unforgettable Halloween parties in full costume, showing endless compassion for others, or sharing her deep love for family, Laura had a way of making everyone feel welcome and uplifted. Her smile and laugh were utterly contagious, and simply being around her brought joy.*

*She will be so fondly remembered and dearly missed.*

*~ Greg Stowers*

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**Greg Stowers** - July 23, 2025 at 02:02 PM

MA

*“ My sincerest condolences. I hadn’t spoken with Laura in many years but always enjoyed being around her in school. She was a goofy girl and always so fun to be around. My love goes out to her family and friends.*

*Madeline (Story) Winkeler  
NDHS ‘07*

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**madeline** - July 16, 2025 at 09:28 PM

ES

*Mike and Lisa, you have my sincere condolences concerning the death of your daughter. I did not know her but I know how you must feel I, you have my sincere condolences for the passing of your daughter. I did not actually know Laura but I know how you must feel as a parent. May God bless you and keep you in his care.*

*Ellen Shuck*

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**Ellen Shuck** - July 17, 2025 at 07:34 PM



“ *Blue Caribbean Bouquet was purchased for the family of Laura R. Simmons Voss.*



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July 15, 2025 at 10:50 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Laura R. Simmons Voss.

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July 15, 2025 at 10:50 AM



“ The Chuck Voss Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

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**The Chuck Voss Family** - July 14, 2025 at 01:59 PM



“ *Large Basket Garden was purchased for the family of Laura R. Simmons Voss.*



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July 14, 2025 at 01:29 PM

LF

“ Love your, Bella Cosa Salon Family purchased the Be My Love Bouquet with Red Roses for the family of Laura R. Simmons Voss.



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Love your, Bella Cosa Salon Family - July 14, 2025 at 08:32 AM

LF

“ Love your, Bella Cosa Salon Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

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Love your, Bella Cosa Salon Family - July 14, 2025 at 08:32 AM

CF

“ Chelsea, Wade, Chloe, & Atlee Foster purchased the Your Light Shines for the family of Laura R. Simmons Voss.



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Chelsea, Wade, Chloe, & Atlee Foster - July 14, 2025 at 08:05 AM

CF

“ Chelsea, Wade, Chloe, & Atlee Foster planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

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Chelsea, Wade, Chloe, & Atlee Foster - July 14, 2025 at 08:05 AM

TF

“ The Stowe family purchased the Beautiful Heart Bouquet for the family of Laura R. Simmons Voss.



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**The Stowe family** - July 14, 2025 at 07:53 AM

NF

“ Newman family purchased the Medium Dish Garden for the family of Laura R. Simmons Voss.



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**Newman family** - July 13, 2025 at 11:36 PM



“ Dear Michael and Lisa Marie, my heart goes out to you and your family. I just learned of Laura's passing. She was a light to me and all who knew her. Such a giving soul, heart of gold, and always there to help. She will be missed so much. My prayers go out to you in this time. She will be missed greatly now and until we all are reunited together in heaven. Sending you both my love and prayers.  
Dr. Pedersen

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**Brant Pedersen** - July 13, 2025 at 09:16 PM

KA

“ Katie and Greg Aker planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

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**Katie and Greg Aker** - July 13, 2025 at 08:53 PM

KA

“ *Katie and Greg Aker purchased the Pink Potpourri Bouquet for the family of Laura R. Simmons Voss.*



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**Katie and Greg Aker** - July 13, 2025 at 08:53 PM

GF

“ *Grant Frey, Mike Ha, and families purchased the Simply Elegant Spathiphyllum for the family of Laura R. Simmons Voss.*



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**Grant Frey, Mike Ha, and families** - July 13, 2025 at 08:39 PM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Laura R. Simmons Voss.*

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July 13, 2025 at 06:07 PM



“ *Basket Full of Wishes was purchased for the family of Laura R. Simmons Voss.*



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July 13, 2025 at 06:07 PM

JF

“ John Kelly's siblings and their families planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

John Kelly's siblings and their families - July 13, 2025 at 04:06 PM

JF

“ John Kelly's siblings and their families purchased the Sweet Tranquility Basket for the family of Laura R. Simmons Voss.



John Kelly's siblings and their families - July 13, 2025 at 04:06 PM

BE

“ Brenda Engelen purchased the Crystal Cross Bouquet for the family of Laura R. Simmons Voss.



Brenda Engelen - July 13, 2025 at 10:48 AM

CC

“ The spark you gave to others so effortlessly lives within everyone you've crossed paths with. Sending love and light your family.



Candice Cramer - July 13, 2025 at 12:53 AM

EC

“ Eryn Hales (San Francisco, CA) purchased the Full Of Love Bouquet for the family of Laura R. Simmons Voss.



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**Eryn Hales (San Francisco, CA)** - July 12, 2025 at 10:15 PM

SH

“ Sandeep Hasrajani planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

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**Sandeep Hasrajani** - July 12, 2025 at 06:40 PM

SH

“ Sandeep Hasrajani purchased the Peaceful White Lilies Basket for the family of Laura R. Simmons Voss.



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**Sandeep Hasrajani** - July 12, 2025 at 06:40 PM

CP

“ Lisa, Mike and family, So sorry for your loss. Prayers to all.

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**Clairene Priest** - July 12, 2025 at 01:26 PM

DA

“ Lisa, I am so sorry for your loss. What a beautiful girl! May God's love and the support and love of your family and friends sustain you through this difficult time.  
Dana (Owens) Kondrad

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**danakondrad** - July 12, 2025 at 09:10 AM

BW

“ I am so sorry for your loss, you are in my prayers

brad wittenborn - July 12, 2025 at 07:36 AM

LR

“ So very incredibly sorry to lose this beautiful young lady so young, and know you all are devastated. I remember teaching her to ice skate when St. Mary's used to have those skate nights at the Galleria. Watched her grow up, so hard to lose her. She always had a smile on her face. Just so you know, our whole Cursillo group has been praying for your family for weeks!

Linda Robert - July 11, 2025 at 08:21 PM

GK

“ Edit. So sorry for your loss. May the peace and love of Our Lord surround you in these difficult times. Gabriela

Gabriela Kuntz - July 11, 2025 at 06:16 PM

GK

“ So snotty for you loss. May the peace and love of Our Lord surround you in the difficult time. Gabriela Kuntz

Gabriela Kuntz - July 11, 2025 at 06:13 PM

AB

“ Allie, Randy, and Hank Becker purchased the Gracious Lavender Basket for the family of Laura R. Simmons Voss.



Allie, Randy, and Hank Becker - July 11, 2025 at 05:54 PM



“ She carried sunshine in with her whenever she walked into the room. The world seems a little less sparkly.

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**TonyMargie Baretich** - July 11, 2025 at 04:55 PM



“ I remember Laura being so good and helpful to her little sister Caitlin when Caitlin came to second grade because her mom started working. She was too young for kindergarten but she sat with Laura and Laura helped her all the time. I hope Laura knew the joy she brought to so many people just by being herself.

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**Mary Santana** - July 11, 2025 at 04:33 PM



“ The last time I saw her I heard her whisper to someone beside her, “I’ll bet he doesn’t know who I am.” She was very wrong. Who could ever forget her? I am so sorry.

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**Steve Mosley** - July 11, 2025 at 04:03 PM



“ Your BNI Family of Friends planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Laura R. Simmons Voss.

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**Your BNI Family of Friends** - July 11, 2025 at 03:52 PM



“ Your BNI Family of Friends purchased the Basket of Memories for the family of Laura R. Simmons Voss.



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**Your BNI Family of Friends** - July 11, 2025 at 03:52 PM

LD

“ Oh dear God we are so very sorry to learn of your daughter's passing prayers for all of you

Linda Dickey - July 11, 2025 at 03:30 PM

LP

“ So sorry to hear of your loss, may God comfort all of you 🙏❤️



Laurie Powers - July 11, 2025 at 02:58 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Laura R. Simmons Voss.



July 11, 2025 at 02:39 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Laura R. Simmons Voss.

July 11, 2025 at 02:39 PM

JK

“ The picture says it all. I never saw her when she wasn't smiling. Blessings and Prayers for your family! Peace forever for Laura!

Janet and Steve Kuper - July 11, 2025 at 01:54 PM

MR

“ I was one of Laura’s classmates at Notre Dame. While we never got to know each other well, I remember her being such a vibrant, positive individual. She almost always had a smile on her face, was so creative, and seemed to be the type of person who deeply cherishes her friendships. We definitely lost a bright light with her passing. Condolences to her family and friends.

Megan Robert - July 11, 2025 at 01:22 PM

SJ

So sorry to hear of your loss. May the many beautiful memories you have brighten the days ahead. Prayers for all.

Sr. Jeannette - July 11, 2025 at 02:05 PM

JK

I am so sorry for your loss no one should ever have to bury a child sending you our thoughts and prayers.

The Kiefer family

Janice Kiefer - July 11, 2025 at 02:40 PM



Oh Lisa. I am so very sorry. All our love and prayers for you, Mike and all the family.  
Becky and the Nuns

Marya Williams - July 11, 2025 at 03:54 PM