



Helen A. Polack

July 2, 1929 - April 29, 2019

Helen A. Polack, 89, of Cape Girardeau, Missouri died Monday, April 29, 2019 at the Lutheran Home.

She was born July 2, 1929 in Cape Girardeau, Missouri to Edward August and Anita Brune Polack.

Helen received a Masters degree in education from Vanderbilt University.

She taught first grade at May Greene and fifth grade at Franklin Elementary for a combined total of 39 years.

Helen loved her dogs and collecting figurines.

She was a member of Trinity Lutheran Church and was a devout Lutheran.

Survivors include her three nephews, William (Carol) Harshaw of St. Louis, Missouri, Robert (Joy) Polack Jr. of Cape Girardeau, and John Edward Polack of Cape Girardeau; one great-nephew, John August Polack of Chicago, Illinois; two great-nieces, Elizabeth (David) Yung of Concord, California and Heather Harshaw of St. Louis, Missouri; and one great-great-niece, Sabine Yung of Concord, California.

She was preceded in death by her parents; two brothers, Edward A. Polack and Robert Jean Polack, sr.; and two sisters, Marie Harshaw and Ruth M. McCain.

Graveside services will be at 1:00 pm Thursday, May 2, 2019 at Lorimier Cemetery in Cape Girardeau with the Rev. Loren Boettcher officiating.

Burial will be at Lorimier Cemetery in Cape Girardeau.

Memorial contributions may be given to Saxony Lutheran High School.

Online condolences may be made at www.fordandsonsfuneralhome.com.

Ford & Sons Funeral Home is in charge of arrangements.

Cemetery Details

Lorimier Cemetery

835 Caruthers
Cape Girardeau, MO 63701

Previous Events

Graveside Service

MAY 2. 1:00 PM (CT)

Lorimier Cemetery
835 Caruthers
Cape Girardeau, MO 63701

Tribute Wall

VC

“ I had Miss Polack at Franklin school as my fifth grade teacher. She was always kind and classy....dressed impeccably! She brought a kind of calm to teaching a bunch of rowdy fifth graders! My mother also worked with Marie Harshaw many years at Southeast hospital, and was devastated to lose such a close friend at such a young age. May their reunion in heaven be one of happiness and joy! Sending the family my deepest sympathies.

Victoria Holt Courvoisier

Victoria Holt Courvoisier - May 13, 2019 at 06:14 PM

RW

“ I remember Miss Polack at Franklin School. I did not have Miss Polack as a teacher. She had many smiles on her face. Miss Pollack had poise and professionally dressed. Miss Pollack rest in peace. May her family find comfort in their faith.

Rita Heimbaugh Weber - May 04, 2019 at 12:45 AM

JB

“ Miss Polack, as we called her, was my 5th grade teacher at Franklin, and she was wonderful. I feel certain hers was a life well lived. I'm 60 now, so I'm guessing she was teaching me 49 years ago! God's blessings on you all. Sincerely, Jana Kassel Birk

Jana Birk - May 02, 2019 at 10:13 AM

BW

“ *Helen was such a wonderful, kind, sweet lady. I served as her social worker during one of her stays at the Lutheran Home and she always had a smile and kind words. May she Rest In Peace and my condolences and prayers to her family. Beth Wells,BSW*

Beth Wells - May 01, 2019 at 02:00 PM

LD

“ *She was my 5th grade teacher at Franklin School 53 yrs ago. Wonderful teacher, Rest In Peace. Prayers for her family. Linda Davis*

Linda Davis - April 29, 2019 at 04:48 PM