



Gerry Strohmeyer

June 13, 1945 - April 25, 2026

Gerry Strohmeyer, 80, of Cape Girardeau, entered into eternal life on Saturday, April 25, 2026, at his home.

Born on June 13, 1945, in St. Louis, Gerry was the son of Frank Henry and Golda Mae (Graves) Strohmeyer. On January 21, 1967, he married the love of his life, Joan Frances Brown, at Our Lady of Loretto Church in St. Louis. Their marriage was deeply rooted in faith, devotion, and a love that continues to live on through their family. Joan preceded him in death on April 11, 2016, and we trust in the joy of their reunion in Christ.

Gerry was a graduate of Corpus Christi High School in St. Louis and attended Quincy College. He dedicated more than 40 years of his professional life as a human resources manager with SGL Carbon Corporation, serving in St. Louis, Ozark, Arkansas, and Hickman, Kentucky. He approached his work with integrity, care, and a genuine concern for the people around him.

At the center of Gerry's life was his Catholic faith, which he lived with conviction and joyful generosity. A devoted member of St. Vincent de Paul Catholic Church, he served his parish community in many ways, including parish council, many faith sharing groups and accompanying others through times of loss as part of the grief ministry.

Gerry was especially passionate about his involvement in Cursillo. Through this movement, he found deep friendship in Christ and spent years inviting others into a more personal and transformative relationship with God. His steady witness and encouragement left a lasting mark on countless lives. Gerry was also a founding contributor to The God Minute podcast, helping to bring prayer into the daily lives of listeners, a quiet but meaningful legacy of faith.

Gerry had a special gift for connecting with young people, and he shared that gift generously for decades. At Notre Dame Regional High School, where he was affectionately known as “GerBear,” he met students where they were and walked with them in faith. He served as a beloved substitute teacher, a steady and familiar presence in the halls, and a trusted chaperone on mission trips. Whether in the classroom, on the road, or simply in conversation, Gerry had a way of making young people feel seen, valued, and at home. His presence was constant, joyful, and deeply impactful.

Beyond his ministry, Gerry had a deep love for the arts and community life. He was a lifelong lover of live theatre. Starting in high school, theatre was a part of his life through acting, directing and enjoying as a member of the audience throughout his life. He directed parish youth ministry plays in the summers for 10 years. He was also the founding director of Foothills Little Theatre in Ozark, Arkansas, where his creativity and leadership brought people together.

Gerry is survived by his seven children: Barbara “Bobbi” Strohmeyer and Sarah Strohmeyer of Cape Girardeau; Martin Strohmeyer and Matthew (Jill) Strohmeyer of St. Louis; Daniel (Kayce) Strohmeyer of Washington, Missouri; Amanda Strohmeyer of Cape Girardeau; and Andrew Strohmeyer of St. Louis. He was a proud and loving grandfather to twelve grandchildren, his favorites: Lucas, Audrey, Sylvia, and Oliver Strohmeyer; James (Terra) Crawford; Anthony, Vincent, Elijah, Gunther, and Samuel Strohmeyer; Graysen

Manwarren; and Lydia Strohmeier. As the last surviving member and patriarch of the extended Strohmeier family, he was deeply connected to his many nieces, nephews, and great nieces and nephews.

He was preceded in death by his parents; his beloved wife, Joan; and his siblings, Frank Strohmeier, Lorraine Saputo, Lawrence Strohmeier, Doris Graham, Patricia Allen, James, Robert, and Richard Strohmeier.

Gerry lived a life of faith in action, showing up, walking with others, and boldly pointing people toward Christ. His life was a constant invitation to love deeply, serve generously, and trust God always.

Visitation will be held from 4:30 to 8:00 p.m. on Friday, May 1, 2026, at St. Vincent de Paul Catholic Church in Cape Girardeau.

A Funeral Mass will be celebrated at 10:00 a.m. on Saturday, May 2, 2026, at St. Vincent de Paul Catholic Church, with Rev. Ron Hoye, CM officiating.

Interment will take place at Calvary Cemetery in St. Louis at a later date.

Memorial contributions may be made to Gerry and Joan Strohmeier Memorial Scholarship at Notre Dame Regional High School.

Donations to the scholarship can be made by clicking <<http://www.notredamehighschool.org/give>>

Choose Gerry and Joan Strohmeier Memorial Scholarship from the dropdown box.

Or

Checks can be made payable to the Notre Dame Education Fund Foundation with Strohmeier Scholarship in the memo.

Send to
Notre Dame Regional High School
265 Notre Dame Drive
Cape Girardeau, MO 63701

Online condolences may be shared at www.fordandsonsfuneralhome.com.

Ford & Sons Mt. Auburn Funeral Home is in charge of arrangements.

Cemetery Details

Calvary Cemetery

St. Louis, MO

Previous Events

Visitation

MAY 1. 4:30 PM - 8:00 PM (CT)

St. Vincent de Paul Catholic Church
1919 Ritter Dr.
Cape Girardeau, MO 63701

Funeral Mass

MAY 2. 10:00 AM (CT)

St. Vincent de Paul Catholic Church
1919 Ritter Dr.
Cape Girardeau, MO 63701

Tribute Wall

“ I first met Gerry when he came to substitute teach for Mrs. Ha's Spanish III class at Notre Dame. He had a brace on his wrist and forearm since he had injured his hand several days before. It happened as he was trying to catch a baseball that flew into the stands for one of his grandchildren at a Cardinals game. I could tell immediately that he was a man devoted to his family. Despite the large age gap between Gerry and my peers, we all felt like we could relate to him. We never really thought of him as being that old.

Later, I got to know Gerry better when I went on the Notre Dame Mission Trip to Tuba City, Arizona where he led the cooking crew. Several years later, he joined us on our Kairos retreat as an observer. It was on those occasions that I quickly saw how everyone wanted to be around Gerry. People would go over to his table during free time just to talk to him and joke around.

During my Senior year at Notre Dame, somehow a group of friends and I ended up doing a service project for Gerry at his house. He needed some help with yardwork. I'm pretty sure just a few people were supposed to go over there to start with, but once they found out they were going to Gerry's house they started inviting friends and the group grew. We all had a great time joking with him and playing with his tiny chihuahuas. I can't remember if much yardwork actually got done, but we all had fun.

My friend Dillon and I kept in touch with Gerry over the years after we graduated from Notre Dame. When Gerry found out we were working in New Mexico one summer, he gave us travel recommendations and encouraged us to visit the Holy Shrine of Chimayo there. At some point after we got back, he had us over for dinner and we had a good visit. He wanted to hear about everything we did and told us about his own trips to New Mexico.

Gerry was very dedicated to his relationship with Christ. I remember after college while I was still living in Cape Girardeau I would see him very frequently at the 6:00 AM daily Mass at St. Mary's. He

invited me over to the Wednesday morning Cursillo meeting following Mass one day. I could tell he was a patriarch figure to the rest of the men there. For some time, Gerry was on oxygen and had to use a cane as well. However, that did not stop him from coming to Daily Mass and Cursillo meetings.

May God be pleased to welcome his servant Gerry into His eternal kingdom. I pray for his repose and give thanks for the gift he was to me and so many other people. My prayers go out to his family and close friends during this time especially. God bless you all.

Raymond Boos - May 04 at 01:15 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Gerry Strohmeyer.*



May 02 at 09:05 AM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Gerry Strohmeyer.*

May 02 at 09:05 AM



“ *Already deeply missing Gerry, a wonderful friend for over 65 years.*

Jim Kottwinkel - May 01 at 04:26 PM

MR

“ *Mary Rosenberg lit a candle in memory of Gerry Strohmeier*



Mary Rosenberg - May 01 at 01:10 PM

MR

Such a wonderful guy! Good friend to my sister, Judy, and brother-in-law, Dan. He will be missed.

Mary Rosenberg - May 01 at 01:14 PM

CB

“ *My condolences to the Strohmeier family, I worked with your father for many years at the SGL Ozark plant. He was a wonder person and always full of energy. Our old raft race days were probably the best.*

Chuck Bauer - May 01 at 10:30 AM

KE

“ *my condolences to Sarah and the entire Strohmeier family, I new him from the God Minute and found his reflections very moving and prayerful, I will keep your family in my prayers*

Kevin - May 01 at 09:41 AM

DC

“ *I have enjoyed Gerry's reflections on The God Minute for years and will miss the heartwarming messages he always had. After reading his obituary I know now why he connects so well to others. I know he will be missed by so many and the God Minute family will forever remember his reflections. May God bless Gerry and his family. 🙏*

Diana Campbell - May 01 at 06:13 AM

RK

“ *As with many others, I certainly benefitted from Gerry’s sharings on The God Minute. He became the familiar voice of a kind friend. Thank you, Gerry. We will miss you!*

Ronnie Korosi

Ronnie Korosi - April 30 at 08:31 PM



“ *Medium Dish Garden was purchased for the family of Gerry Strohmeier.*



April 30 at 11:33 AM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Gerry Strohmeier.*

April 30 at 11:33 AM



“ *Enchanted Cottage was purchased for the family of Gerry Strohmeier.*



April 30 at 01:40 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Gerry Strohmeyer.

April 30 at 01:40 AM



“ Andrea, Waylon, Sandy & Jim Brown purchased the Basket Full of Wishes for the family of Gerry Strohmeyer.



Andrea, Waylon, Sandy & Jim Brown - April 29 at 11:08 PM



“ Andrea, Waylon, Sandy & Jim Brown planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Gerry Strohmeyer.

Andrea, Waylon, Sandy & Jim Brown - April 29 at 11:08 PM



“ Dear beloved family of Gerry, I came to know your father through The God Minute. How I enjoyed listening to his words of wisdom , and stories,as he shared scriptures and reflections to all of us. Even though I never met him, I really feel like I know him, a kind, loving, generous godly man. Father Ron shared Gerry's last reflection that your dad had recorded a few days prior because of unforeseen circumstances. I remember his words to try something new seeking the Lord, something different that I don't always do. I will!! May God bless you and may his Holy Spirit hold you in his loving arms while you say goodbye to your father until you meet him again in Paradise for the greatest family reunion ever! Sincerely Paula McDonald, Kelseyville California

Paula McDonald - April 29 at 11:04 PM



“ *Simply Elegant Spathiphyllum* was purchased for the family of Gerry Strohmeyer.



April 29 at 10:11 PM



“ *Guiding Light Bouquet* was purchased for the family of Gerry Strohmeyer.



April 29 at 05:34 PM



“ *Jessica, Laura, Lori, Meghan, KC, Katie* purchased the *Simply Elegant Spathiphyllum* for the family of Gerry Strohmeyer.



Jessica, Laura, Lori, Meghan, KC, Katie - April 29 at 02:21 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Gerry Strohmeyer.

April 29 at 11:29 AM



“ *Crystal Cross Bouquet was purchased for the family of Gerry Strohmeyer.*



April 29 at 11:29 AM



“ *Woodworth, Lubbring, Hubbard, Glueck purchased the Large Basket Garden for the family of Gerry Strohmeyer.*



Woodworth, Lubbring, Hubbard, Glueck - April 29 at 07:13 AM



“ *Gerry ms voice is something I became to love while listening to The God Minute. I will truly miss it. May God be with his family, prayers for all who loved him.*

Tina Cairns Mueller - April 29 at 07:12 AM

KG

“Gerry (along with the whole Strohmeyer family) had a major impact on my life and so many young people's lives growing up in Cape Girardeau and in the St. Vincent's community.

I remember working set construction and various backstage jobs on several of the plays that Gerry directed at the St. Vincent's gym every summer. How he managed to get that many unruly teenagers to be completely silent backstage and to manage props and costumes and actor entrance cues and even some practical special effects, I'll never know. But the audience forgot they were watching a bunch of kids putting on a play and just got pulled into the story.

(They still don't know how, in one particular scene, a certain teenage girl, one G.H. I believe, was able to perfectly throw a knife across the room and embed it in a map on the wall. A lot of audience jaws had to be picked up off the floor after that scene!)

He taught us that we were capable of that - that when we worked together, using a whole host of disparate skills and talents, we were more than the sum of our parts. Without him, I would not have had that experience.

Gerry will be greatly missed.

Kurt Glastetter - April 28 at 05:52 PM



“Dreams From the Heart Bouquet was purchased for the family of Gerry Strohmeyer.



April 28 at 01:56 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Gerry Strohmeyer.

April 28 at 01:56 PM



“ Emerald Garden Basket was purchased for the family of Gerry Strohmeyer.



April 28 at 01:20 PM



“ Beautiful in Blue was purchased for the family of Gerry Strohmeyer.



April 28 at 12:09 PM

BW

“ *Such a blessing in one’s life. A man of conviction, love for others and so humble. He was gifted with a way to connect with others, no matter their age. He was a leader in faith. He had a twinkle in his eye which would give others a good laugh!! He will be truly missed but the joy of being with his beloved Joan again and in the arms of Jesus in the glory of heaven is why we do time on earth. Oh if we could share another meal, ask for another teacher sub key or discuss the workings of the mission trip bull drop just one more time how fun that would be but that will have to wait until we meet again old friend. Prayers for his family and extended loved ones. You are one of a kind Gerry!❤️ Mike & Bonnie Westrich*

Bonnie Westrich - April 28 at 09:54 AM

BB

“ *God comfort the family with His love and peace.*

I knew Gerry from listening to The God Minute and appreciated his love for God and his family. Thanks be to God that he joined up with Fr Ron to start The God Minute and the impact it has made on people’s lives.

Becky Bross - April 28 at 09:40 AM

SH

“ *My heartfelt condolences to the Strohmeier family. Wishing you peace and comfort in the days ahead.*

S. Hughes - April 28 at 09:15 AM

BM

“ The world has a lost a Giant of the Catholic Faith, A Giant of a Family man and a Giant of a Friend to all. I love Gerry Strohmeyer, his gentle way of reaching people, especially youth was simply amazing. He always put others First and Never said NO to God, His Family or His friends. I thank God that Gerry entered my life and I will always cherish my time with him. His Wife Joan was his best friend and his children and grandchildren were his life. I am so happy that he called me a friend and I will always remember our Lazy River Walks talking about everything in the world. I know that Joan and Jesus greeted Gerry and told him you are the Best. Please know my prayers and love for the Man among Men, Gerry Strohmeyer. So Bobbi, Sarah, Marty, Matt, Danny, Amanda and Andrew please know my love for all of you.
Peace,
Brother David
P.S. Do you like Gerry Strohmeyer, the answer is NO, I LOVED HIM

Brother David Migliorino - April 28 at 08:26 AM

BS

“ I only know Gerry through The God Minute podcast. So grateful he helped Fr. Ron start the podcast. His love of God and family was an inspiration. Condolences to Sarah and all of his family.

Becky Snodgrass - April 28 at 02:12 AM

HJ

“ Hailey, Lauren, Jake purchased the Simply Elegant Spathiphyllum for the family of Gerry Strohmeyer.



Hailey, Lauren, Jake - April 27 at 11:00 PM

MB

“ Mike and Becky planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Gerry Strohmeier.

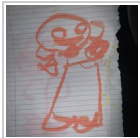
Mike and Becky - April 27 at 09:39 PM

MB

“ Mike and Becky purchased the Sweet Tranquility Basket for the family of Gerry Strohmeier.



Mike and Becky - April 27 at 09:39 PM



“ Gerry was like family to me. I don't know how else to put it. He and Joan both were a big part of my life— friends with my parents and both sets of my grandparents. He and my Grandpa Wells were birthday buddies (they'll both be celebrating their first birthday in Heaven together now), and he and Joan's anniversary was on the same day (a few years later) as my Grandma and Grandpa Wells. I remember when my parents and Gerry and Joan would take turns hosting each other when the Tony Awards were on. I remember all of Gerry's little quirks when he was directing us in the summer plays. All the fun we had on the Mission Trip to Chicago. His big, broad laugh when something tickled him just the right way. I'm going to miss him dearly.

Benjamin Essner - April 27 at 09:11 PM

AV

“ We are part of The God Minute family. Gerry was such a part of that ministry, and we loved his “down home” reflections. He can now be in perpetual adoration. Our condolences to Sarah and the rest of his family. John and Anne Vogtle, Webster NY

Anne and John Vogtle - April 27 at 08:16 PM



“ Divine Peace Bouquet was purchased for the family of Gerry Strohmeyer.



April 27 at 07:14 PM

SH

“ Gerry was such a fascinating person to be around. He always had such joy whenever he spoke to you. I will miss his smile and his laughs. He was truly an amazing person.

Stephen Hine - April 27 at 07:09 PM

TF

“ The Browning Family purchased the Pure Heart for the family of Gerry Strohmeyer.



The Browning Family - April 27 at 05:58 PM

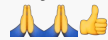
HS

“Gerry and I were neighbors growing up. We both went to Corpus Christi High School, he in the third class and I in the fourth. We were in Drama Club, summer theatre, and the Noah Ludlow players. He played Franklin Roosevelt and Joan played Eleanor in one of the first plays I directed. Gerry was a people person par excellence which is no wonder he had such a career in human resources and successful in drawing people to him and motivating them to be their best. I went to college in St. Louis and moved away afterwards and lost touch while he lived in Arkansas, etc. We reconnected when they moved to Cape Girardeau which is where I was born. In his life, Gerry created a multitude of lovely memories with a wide range of people. He will not be forgotten. Helen (Troy) Bradford Sprenke

Helen Bradford Sprenke - April 27 at 05:15 PM

SB

Gerry holds a special place in my heart from high school drama club days at Corpus Christi High School, Jennings, Mo. He will be missed.



Sharon Banner - April 27 at 07:24 PM

RB

“Revonda Sutton & Kelly Sutton Blaine purchased the Divine Peace Bouquet for the family of Gerry Strohmeier.



Revonda Sutton & Kelly Sutton Blaine - April 27 at 04:28 PM

DJ

“ *David & Laureen Graham, & Matthew, Joshua & Jacob purchased the Peaceful White Lilies Basket for the family of Gerry Strohmeyer.*



David & Laureen Graham, & Matthew, Joshua & Jacob - April 27 at 03:38 PM

HP

“ *Gerry and I shared an adoration hour at St. Francis Hospital for many years. I will miss him there.*

Hugh R Protzel - April 27 at 03:35 PM

BC

“ *Gerry's memory will be a blessing to so many. With love from some of Marty's old SEMO theatre friends, Brooke, Bob, Avery, Eli, and Lily Clubbs*

Brooke Clubbs - April 27 at 03:28 PM

KB

“ *It's difficult to express what Gerry meant to me. As a teenager, he and his family made me feel included, and I learned so much. There are so many good memories of him ("Mack Truck!") that I will hold so dear. My teenage years and beyond were fun and wonderful because of Gerry and the entire Strohmeyer family. I carry with me the memories, the fun times, and the lessons. Love, Krissi (Cox) Brott*

Krissi Brott - April 27 at 03:13 PM

SV

“ Sarah Vickery planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Gerry Strohmeier.

Sarah Vickery - April 27 at 03:00 PM

SV

“ Sarah Vickery purchased the Blue Caribbean Bouquet for the family of Gerry Strohmeier.



Sarah Vickery - April 27 at 03:00 PM

LP

“ So sorry for your loss, what a wonderful life he lived touching so many heart's, may all your memories comfort you all ❤️



Laurie Powers - April 27 at 02:26 PM

BL

Thank Gerry for his involvement and contributions/reflections on The God Minute. I loved to hear his calm soothing voice and how he talked about his family.

God comfort your family with His love, peace and strength.

Becky Bross (God Minute listener) - April 27 at 02:38 PM

MK

I met Gerry a few years ago through the Cursillo movement. We became very good friends, he was always cheerful and filled with love. I'll truly miss him, he was my daily Rosary accountability partner.

Mark Kluesner - April 27 at 07:27 PM

DA

I cherished Gerry's friendship. I met him through the Cursillo Movement. He was affectionately known as the "Super Grouper". He was a sweet and holy man. I miss him. When Lazarus died, Jesus wept. I too have cried and wept for the loss of my dear friend. However, I know that he and Joan are now united with Jesus Christ.

Dale - April 29 at 10:10 AM

MI

Gerry was faith-filled, loving, fun, and "unique-New York" all wrapped into one larger-than-life father figure. I'm forever grateful that you opened your life to me in so many ways. I will miss you.

Love, Mike

Mike - May 01 at 12:06 PM