



Erica McBride

October 4, 1929 - November 22, 2022

Erica McBride died Tuesday, November 22, 2022 at the home of her daughter Grace McBride following a long illness. Erica Mary Glen was born October 4, 1929 in London to Col. James and Isabel Mackay. She spent her early life in Scotland and India. She attended school at St. Leonards in Scotland and nursing school in London. She was a licensed midwife who rode her bike though the streets of London to deliver babies.

After nursing in London for several years, Erica and a friend decided to travel and work in the U.S. while working in Los Angeles she met and married Cedric (Mac) McBride October 1, 1954. Soon after the marriage they moved to Emporia, Virginia where their children were born. The family moved to Cape Girardeau in June of 1968.

Erica worked at Southeast Hospital for 28 years in a variety of capacities: night supervisor, Director of Nursing, and the outpatient lab. More than anything she enjoyed her work as nurse and manager of Labor and Delivery (OB) where she was known for calling her patients "poppets," "sweet wee bunnies" and "dearies". Erica was always so pleased to be stopped by former patients who remembered her nursing care. Thank you if you were one of those people.

After retirement from the hospital she worked 15 years for her son-in-law at

Rob Rueseler and Associates retiring at age 83.

Erica loved gardening, reading and writing poetry, needlework, traveling, and cats, especially her Simon. She had the most wonderful sense of humor and a very strong sense of duty. She wrote wonderfully entertaining letters that are treasured keepsakes.

She was a member of First Presbyterian Church of Cape Girardeau. She enjoyed serving as lay reader (with her beautiful British accent) and baking Scottish shortbread for fellowship gatherings.

She was preceded in death by her husband in 1986, her son Ian in 1994, and her son Clay in 2012. She was also preceded in death by her beloved siblings, brother Col. Hugh Mackay of England and sister Janet McCarraher of Italy.

She is survived by her daughters, Janet (Rob) Rueseler and Grace (Carla) McBride both of Cape Girardeau; and her daughter-in-law, Madeleine McBride of La Crescenta, California. She is also survived by her grandchildren, Mesha (Nick) Aroutsidis, Eric (Kelli) Rueseler, and Ian McBride, and great-grandchildren, Michael, Rachel, Noah and Sophia Aroutsidis and Emma and Greyson Rueseler. Also surviving are dearly loved nephews and nieces in England, Italy and Canada.

The family suggests that memorial donations be made to Southeast Missouri Pets (Humane Society).

Visitation will take place Thursday, December 1, 2022 from 4:00 to 6:00 pm at Ford and Sons in Cape Girardeau the family plans to hold a memorial service in Scotland this summer.

Ford and Sons- Mt. Auburn is in charge of arrangements.

Cemetery Details

Ford and Sons Cremation Center

Previous Events

Memorial Service

DEC 1. 4:00 PM - 6:00 PM (CT)

Ford and Sons Funeral Home - Mt. Auburn
1001 N Mt Auburn Road
Cape Girardeau, MO 63701

Tribute Wall

CP

“ I have so many wonderful memories of sweet Erica. The years spent with her at Drs Park was the happiest of my working career. We shared laughter and at times tears together. She taught me so much but mostly how to be a much better person. There was never a day at work that someone remembered her when she helped delivered their little "bunnies." In 1984 my first grandchild was born & I slipped upstairs to sneak a peek at him. While I was admiring him someone tapped me on the shoulder. It was Erica. In her beautiful voice she said, "dearie, would you like to hold him?". I was just so excited as she dressed me & placed him in my arms.! She certainly made my day & I loved her so dearly. RIP my sweetie.

Carol Pind - December 02, 2022 at 10:16 AM

BM

“ Gracie, Janet and family,
In the 70's, Erica was night supervisor and I was evening supervisor. She always pitched in to help my remaining work or if an emergency happened, I would stay to help. We became best friends and Cedric and Joe were friends. One eve Joe and I had been invited for dinner and there had been a water leak above the dining room table. Didn't interfere with a lovely evening!!
She will be missed and I will keep all my n my prayers. Regret that I was unable to visit, unable to drive a present. Surgery soon
Love and prayers, Barb McKeon

Barbara McKeon - December 02, 2022 at 09:43 AM

NC

“ I am so very sorry I did not attend the visitation tonight! Ramelle would be so disappointed with me. Erica was such a light in my life, unbeknownst to her, with her wit and grace.....and sweet Grace!!!! I am so sorry for your loss. We shall all keep her in our hearts. Nona Nan Chapman

Nona Nan Chapman - December 01, 2022 at 08:40 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Erica McBride.



December 01, 2022 at 07:25 AM

J-

“ Erica was a special woman and nurse. My sympathy to her family 🙏



Jackie Clark -Otto - November 30, 2022 at 11:02 PM

CJ

“ I can't count how many times I have thought about Erica McBride over the last 40 plus years. She was an amazing woman. She was a calming force for mothers in labor. I loved when she put my sweet wee bunny in my arms. She touched so many lives.

Carolyn Jansen - November 30, 2022 at 07:07 AM



“ So sorry to hear about Erica, I worked with her at SE hospital back in the 60s, she was one special lady, taught me how to crochet. Also she took care of my Son when he was born. She will be missed.

Alice Whittaker - November 29, 2022 at 01:29 PM



“ I worked with Ms McBride in OB in the 1970s. She inspired me in so many ways in my nursing career. Thank you dear family of Ms McBride for sharing her and her talents all those many hours she spent in OB.

Rosita Taake - November 28, 2022 at 02:40 PM