



Elizabeth (Liz) Renner Saalfeld

March 14, 1936 - May 5, 2016

Elizabeth (Liz) Renner Saalfeld passed away on May 5, 2016 at Inova Fairfax Hospital. She was born to Philip and Ruth Renner on March 14, 1936 in Sikeston, Missouri. Liz, her husband, Fred and son Fred, Jr. were longtime residents of Kings Park in Springfield, Virginia.

She met the love of her life, her husband Fred, at Southeast Missouri State College in 1954. Liz earned a Bachelor's Degree in Medical Technology from the University of Tennessee and she and Fred were married in 1958. They established a home in Ames, Iowa, where Fred attended graduate school. She worked in the field of medical technology while Fred completed his advanced degree. Liz completed her education at Southeast Missouri State University and was awarded her second Bachelor's degree in 2010.

Their son, Fred, Jr. was born on June 10, 1960. Liz and her family moved to Northern Virginia in August of 1962 when Fred accepted a position as a chemist at the Naval Research Laboratory. She worked at Lake Braddock High School and established Lake Braddock's Career and College Center, where she remained until her retirement in 1998. She was an active member of Grace Episcopal Church, was its Flower Chair and was a member of the Springfield Quilters' Guild. In addition to being a prolific quilter, Liz was a published author, an avid St. Louis Cardinals fan, and loved Irish Setters. She was also a longtime participant in the Joslin Clinic's landmark, 50 year Type I

Diabetes Survivors research study.

Her parents and her son, Fred, Jr., preceded Liz in death. She is survived by her husband, Fred, of Springfield, Virginia, brother, William Renner, of Longmont, Colorado, five nieces and nephews, nine great nieces and nephews and numerous relatives across Colorado, Texas and Missouri.

A memorial service was held on Saturday, May 28, 2016 at 11:00am at Grace Episcopal Church, 3601 Russell Road, Alexandria, Virginia, 22035. Liz loved beautiful, fine hats, and all attending are encouraged to wear lovely hats in her honor. Liz would be honored if attendees at her memorial wore colorful clothing.

In lieu of flowers, donations may be made to the Joslin Diabetes Center, 1 Joslin Place, Suite 745 Boston, MA 02215. Please indicate "for the Medalist Fund" in memory of Elizabeth Renner Saalfeld.

A graveside service will be Tuesday, November 22, 2016 at 11:00 a.m. at Cape County Memorial Park Cemetery with Pastor Grant Gillard officiating.

Cemetery Details

Cape County Memorial Park Cemetery

2315 Highway 61 North
Cape Girardeau, MO 63701
(573) 334-1909
<https://www.fordandsonsfuneralhome.com/>

Previous Events

Graveside

NOV 22. 11:00 AM (CT)

Cape County Memorial Park Cemetery
2315 Highway 61 North
Cape Girardeau, MO 63701
(573) 334-1909
<https://www.fordandsonsfuneralhome.com/>

Tribute Wall

JT

“ I attended The University of Tennessee school of Medical Technology with Liz. We were dorm mates. Her room mate was Margaret Ann Price. We were a small, close class.

JANET (Jan Taylor) - December 28, 2024 at 02:55 PM

JL

“ An old Luce St. playmate and close friend. Many fond memories are still present with me.
I will miss her.

Jeanne Morgan Lewis - November 20, 2016 at 12:12 PM