



Helen Virginia Meyer

July 26, 1931 - August 6, 2020

Helen Virginia Meyer, a faith-filled servant of her Maker, passed away peacefully on August 6, 2020 at the age of 89 at Chateau Girardeau Health Center.

She was born July 26, 1931 in Freidheim, MO, the third of five daughters born to Martin and Della Guemmer Schamburg.

In 1949, Helen graduated from Perryville High School in Perryville, MO. She then worked in Jefferson City as a secretary for State Senator Leo Rozier.

Helen met Rupert Charles Meyer when he was an assistant manager at the Kroger store in Perryville, MO. On July 21, 1956, they were married at St Boniface Church in Perryville. Shortly after, they moved to Bonne Terre, MO.

In 1960, they moved to Cape Girardeau. Helen joined the congregation at Trinity Lutheran Church, where she remained an active member, especially in the Ladies Aid, the Bible Study group, and the Prayer Shawl Ministry.

For many years Helen served as an election judge in Cape Girardeau and was a Girl Scout troop leader for both of her daughters. She worked as a secretary at General Pest Control, then was a service warranty representative at Sears. After that, she worked as a medical transcriptionist for several area doctors.

Helen is survived by her three children, Becki (Tom) Essner of Cape Girardeau; Lisa (Harry) Smith of Charlotte, NC; and John (Suzanne) Meyer of Dallas, TX; grandchildren Josh (Jenny) Essner of Alexandria, KY; Katie (Tommy) Garlock of Aiken, SC; Mackenzie (Drew) Steck of St. Louis, MO; Harry L Smith III, Sam Smith, Ryan Smith, Lauren Smith, Luke Smith of Charlotte, NC; Austin Meyer of Dallas, TX; Elizabeth Meyer of Denver, CO; and Jack Meyer of Austin, TX; great-grandchildren Charlie Essner and Grace Essner of Alexandria, KY. She is also survived by a sister, Betty (Kelly) Brune of Freidheim, MO.

Preceding her in death was her husband, Rupert, her parents, and three sisters: Laverne Fiehler, Dorothy Flentge, and Janet Conrad.

A private burial service will be held with a celebration of life memorial to be held at a later date. Memorial contributions may be given to Trinity Lutheran Church, 100 Frederick Street, Cape Girardeau, MO 63701.

Cemetery

Fairmount Cemetery

835 Caruthers

Cape Girardeau, MO, 63701

Comments



“ To Becki, Lisa, John and Family,

I have so many wonderful memories of Helen! Yes one of those is that she was a faith filled servant of The Lord by serving family and friends. Her hands were used in many ways, cooking, baking, needlework and much more! I will remember a trip to Dallas that we took because I needed someone to keep me company so it wouldn't seem so long. She visited with John and his family. While I helped my sister move. Then the garage sales!!!! I so remember her saying, "Lets go make a memory" I will treasure each one of them and our friendship! I saw a card once that said "One life well lived' This could have been written of Helen.

Know that You're in my thoughts and prayers.
With Loving Sympathy,
Charlotte Nenninger

Charlotte Nenninger - August 10, 2020 at 08:53 AM



“ Charlotte Nenninger lit a candle in memory of Helen Virginia Meyer



Charlotte Nenninger - August 10, 2020 at 07:46 AM



“ Becki, Lisa, and John,

I am so very sorry you have lost your mother. I always thought Helen was a kind, sweet, and gentle person. I know you will miss her dearly! It has been my privilege to be her neighbor for so many years. Thinking of you, your children and grandchildren. My deepest condolences!

Sincerely,
Barb Johnson

Barb Johnson - August 08, 2020 at 03:03 PM



“ Enchanted Cottage was purchased for the family of Helen Virginia Meyer.



August 06, 2020 at 07:27 PM



“ I have had the privilege of knowing Helen for the past several years. We ate breakfast at Panera's at the same time after church for several years and would always smile and talk. We have also been blessed being able to visit at the Chateau. She and mom took a liking for each other. I felt like I already knew her and we became good buddies.

I know she is happy to be with her husband again.

She will be missed by many here on earth.

You all are in my thoughts and prayers.

I will do a lasting memorial for your mom.

Love you all. Archie Aydt and Beth Pace

Beth Pace - August 06, 2020 at 05:47 PM